



First Baptist Church of Kingstowne

Remembering Names

Spring 2015

FACE

Focus – Lock in on the person’s face, and listen

Ask – Inquire about the name

“Do you prefer Will or Bill?”

“Keri – how do you spell that?”

Comment – Say something about the name and cross-reference it (out loud or in your head)

“My college roommate’s name was Ted”

Employ – Use it in the conversation

“It was great to meet you, Egbert”



Other tricks to help you remember

- ▶ Repeat, repeat, repeat – both in your head and out loud
- ▶ Turn the name into an image you can remember
- ▶ Have them spell it, and picture the letters in your mind
- ▶ Associate the name with something about them
- ▶ Use mnemonics, rhyming, or alliteration
- ▶ Write it down as soon as possible
- ▶ Compliment them or give a good-natured apology, and then ask them to repeat it

