

Series: A THRIVING HEART

Title: A Cleansed Heart

Text: Psalm 51

Background: Psalm 51 is (II Sam 11-12) David/Bathsheba
No Man is Immune to Lust. (James 1:13-15)(1 Cor 10:12)

(Psalm 51) David's prayer of confession.

(Psalm 32) David's song of forgiveness.

(I John 1:5-2:2) God's provision for Our Cleansing.

I. David's Confesses His Need for Mercy: (Ps 51:1)

A. This is a very personal prayer;

B. Mercy vs Grace: (Lam 3:22-23)

C. David's request based on God's Mercy

(Prayer) Take a moment, thank God for His Mercy to You

Not only in your salvation, but in your day to day experience.

II. David Confesses his Need for Cleansing: (Vs 2, 7, 9-10)

A. David knew he needed Cleansing: (I Jn 1:8-10)

B. David's only hope for Cleansing was God's mercy

C. Our only Cleansing is the blood of Christ: (I John 1:7)

(Prayer) Express this desire to God :(Vs 10) *"Create in me a clean heart, O God; and renew a right spirit within me."*

III. David Confesses His Need for Forgiveness: (Vs 3-5)

A. "Acknowledge" means that David is confessing his sin.

B. Confession is agreeing with God about our sin.

C. Forgiveness only comes when we confess: (I Jn 1:9)

D. David knew you can't run from your sin: (Ps 32:4)

E. Our Sin is truly Offending Our Holy God: (Vs 4b)

F. A Contrite heart is marked by Repentance: (Prov 28:13)

G. It's time to Shed the Weight of Guilt:

(Prayer) Forgiveness is ours if we will Be Honest with God!

Admit all Failures as Sin, not weaknesses.

Acknowledge all Wrongdoing as Willful defiance,.

Accept All Responsibility.

As God's Spirit prompts you, be specific & agree with God.

"presumptuous sins" (Willful Defiance) (Ps. 19:13)

"sins of my youth" (Sins done in Ignorance) (Ps. 25:7)

"the sin of (the) mouth" (Hateful/Foul Speech) (Ps 59:12)

"secret sins" (Sins only you & God know about) (Ps. 90:8)

"besetting sin" (Well Worn Paths of Sin) (Heb. 12:1)

IV. David Confesses his Need for Truth: (Ps 51:6)

A. The very basis for all sin is deception.

B. David acknowledged God was teaching him wisdom.

(Prov 9:9)(John 15:3)(John 17:17)

(Prayer) make a commitment to saturate your God's Word which will have a cleansing effect.

V. David Confesses His Need for Healing: (Vs 8, 10-12)

A. Sin ultimately robs a person of lasting Joy. (Vs 8)

B. The emotional toll of his sin like: (Ps 32:3)

C. He begged God not look upon His sin: (Vs 9)

D. David asked God to clean his heart: (Vs 10)

E. David feared losing God's presence: (Vs 11)

F. Joy & Happiness are not synonyms: (Vs 12)

G. Our Joy comes from our relationship with God.

David wrote about it in his Psalms.

Psalm 16 "The joy of God's Presence

Psalm 32 "The joy of having your sins Forgiven"

Psalm 35 “The joy of God Salvation”

Psalm 42 “The joy of coming to the house of God.”

(Prayer) Allow yourself to recall how it "once was" in your relationship with God.

Ask God to "do it again", to make you like new once more.

VI. David Confesses His Need for Freedom: (Vs 14)

A. David’s life was haunted by guilt: (Vs 3)

B. Some of You are plagued continually by this: (Vs 7)

C. David was asking God to Purify Him. (Is 1:18)

(Ps 130:3-4)

(Prayer) Claim for yourself that the Past is the Past.

Claim God’s promise: today is 1st day of the rest of your new life in Christ! Declare this truth in prayer & Praise the Lord for He Forgives & He Forgets

VII. David Confessed His Need of Praise: (Vs 14b-15)

A. David expressed his Gratitude

B. David said how he would Demonstrate It. (Vs 13)

(Prayer) Let us use (Ps. 32:1-2)

Thank the Lord for the cleansing & forgiveness.

Conclude with (Ps 32:11)

Rejoice B/c God’s Correction has a purpose: (Vs 13-15)

Unconfessed & Unrepented sin hinders God's power in a person’s life & can disqualify them from effective ministry.

1st Step to Personal Revival: Contrition

God delights in Sincerity, not Sacrifice: (Vs 16-17)

Contrite: def~ *bruised*, Broken-hearted for sin;

Sorrow of heart b/c of sins, & offenses; (Ps 51:17)

One whose heart is broken & wounded over their own sin,

In contrast to the person with a heart of stone. (Ps 34:18)

The emotion of contrition is always necessary in order to obtain the pardon of sins.

You may freely admit your sin, but ***Are you Sorry for it?***

To be truly grieved or sorry on account of our sins;
that we are to hate them;

that we must purpose or resolve to forsake them.

(Joel 2:12-13) *Therefore also now, saith the LORD, turn ye even to me with all your heart, and with fasting, and with weeping, and with mourning: 13 And rend your heart, and not your garments, and turn unto the LORD your God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of the evil.*

(Hosea 10:12) *"Sow to yourselves in righteousness, reap in mercy; break up your fallow ground: for it is time to seek the LORD, till he come and rain righteousness upon you."*